



**FIS SKI JUMPING CONTINENTAL CUP**

**Men and Ladies, Summer 2009**

| Date             | Day | Site Men        | Site Ladies    | Nation | Hill Size     | Remarks |
|------------------|-----|-----------------|----------------|--------|---------------|---------|
| <b>I. Period</b> |     |                 |                |        |               |         |
| 03.07.           | Fri | Velenje         |                | SLO    | HS 94         |         |
| 04.07.           | Sat | Kranj           |                | SLO    | HS 109        |         |
| 05.07.           | Sun | Kranj           |                | SLO    | HS 109        |         |
| 11.07.           | Sat | Villach         |                | AUT    | HS 100        |         |
| 12.07.           | Sun | Villach         |                | AUT    | HS 100        |         |
| 08.08.           | Sat |                 | Bischofsgrün   | GER    | HS 74         |         |
| 09.08.           | Sun |                 | Bischofsgrün   | GER    | HS 74         |         |
| 12.08.           | Wed |                 | Pöhla          | GER    | HS 66         |         |
| 15.08.           | Sat |                 | Oberwiesenthal | GER    | HS 106        |         |
| 16.08.           | Sun |                 | Oberwiesenthal | GER    | HS 106        |         |
| 22.08.           | Sat | Lillehammer     | Lillehammer    | NOR    | HS 134/HS 100 |         |
| 23.08.           | Sun | Lillehammer     | Lillehammer    | NOR    | HS 134/HS 100 |         |
| 05.09.           | Sat | Alpensia Resort |                | KOR    | HS ...        |         |
| 06.09.           | Sun | Alpensia Resort |                | KOR    | HS ...        |         |
| 12.09.           | Sat | Wisla           |                | POL    | HS 134        |         |
| 13.09.           | Sun | Wisla           |                | POL    | HS 134        |         |

Junior World Ski Championships, Hinterzarten (GER): 24.-31.01.2010

Olympic Winter Games, Vancouver (CAN): 12.-28.02.2010